

Beginners Sampler Quilt Part 1

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Sampler Quilt: Finished size 54 x 68" (137 x 173 cm)

Fabric Requirements:

Red & Green Version: (5 metres total) Cream 1 metre Red 1.25 metres Green 1.25 metre Mustard Yellow 0.75 metre Tan 0.75 metre

Blue & Yellow Version: (5 metres total) Off White 1 metre Midblue 1.25 metre Yellow 0.75 metre Dark Blue 1.25 metre Green 0.75 metre



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Rail Fence



Squares



Log Cabin



Single Irish chain

Tools & Equipment - part 1

Sewing machine ¹⁄4" presser foot (if available) Thread to match fabrics

Rotary Cutter 28/45/60 mm Acrylic Ruler 24 x 6.5" Acrylic Square 12.5" Heart/Flower appliqué Cutting Mat 17 x 23"

Seam allowance ¼″ Press all seams open and flat



Rail Fence



1. Cut one 1¹/₂" x 42" (approx.) strip from four colours. (If using Fat Quarters (FQ): cut two 1¹/₂" x 21" + one 5¹/₂ x 1¹/₂" strip from each colour.)

2. Use $\frac{1}{4}$ " S/A. Join all four strips together to make one 42 x $\frac{41}{2}$ " striped band (Using FQs: two 21 x $\frac{41}{2}$ " plus one $\frac{51}{2} \times \frac{41}{2}$ " striped band). Press seams open and flat.

3. Cut nine $4\frac{1}{2}$ " squares from the striped band (or bands).





4. Arrange as shown.

5. Sew squares together to form a larger square. Sew into short rows then join the rows together.





Press seams open and flat. Take care not to stretch the material when pressing.





Single Log Cabin

1. Cut one $4\frac{1}{2}$ " square for the centre. Cut one $2\frac{1}{2}$ " strip x width of fabric from each of four colours (depending on choice of colours - more than one strip may be required.)

2. Cut one $4\frac{1}{2}$ " x $2\frac{1}{2}$ " strip from first colour - blue in photo. Place R/S down on one side of the square. Stitch in place using $\frac{1}{4}$ " S/A. Open out. Press seams towards outside edge.





3. Turn block anti-clockwise, Take remainder of Blue strip and attach to right hand side as shown. Trim Blue strip to fit block. Open out.

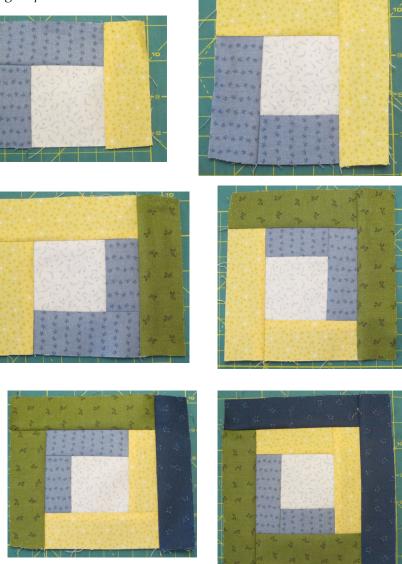
This quick method of Log Cabin doesn't not require each successive strip to be cut to a precise size - trim strip to edge of block after sewing in place.

4. Turn block anti-clockwise. Stitch Yellow strip to right hand side. Trim strip to fit block. Open out.

5. Sew a Yellow strip to the last side of the centre square. Trim strip to fit block. Press lightly. Block should now measure $8\frac{1}{2}$ " square.

6. Following above method, sew a Green strip to the next two sides of the central square. The block should now measure $10\frac{1}{2}$ ".

7. Complete the block by sewing a Navy Blue strip to the remaining two sides. (If block measured less than $10\frac{1}{2}$ " square, correct the measurement by cutting a 3" wide strip instead of a $2\frac{1}{2}$ " wide strip. Once stitched in place, trim block to $12\frac{1}{2}$ " square - use $12\frac{1}{2}$ " acrylic square and cut block to fit.)



The basic Log Cabin technique is created by forming a series of 'L'

shapes around a central section. To increase the size of the block, continue working in the same manner going round the central section in the same anti-clockwise direction.





Four Log Cabin Blocks in a Square

1. Cut one $2\frac{1}{2}$ " square for the centre. Cut one $1\frac{1}{2}$ " strip x width of fabric from each of four colours (depending on choice of colours - more than one strip may be required.)

2. Follow the piecing instructions as on previous page and make one Log Cabin square - the block should measure $6\frac{1}{2}$ " - if not alter the size of the last strip to 2" then trim the block to $6\frac{1}{2}$ " square.

3. Make three more Log Cabin blocks - all three should measure 6¹/₂" square!

4. Arrange all four squares in a design - your choice - see the options on this page.

5. Sew the blocks together to form a square:

Sew two sections together to form one half of the design. Repeat with the other two sections. Sew both sections to form a square. Press seams open and flat between the blocks.









Squares

1. Cut one $4\frac{1}{2}''$ Blue square for the centre. Cut four $4\frac{1}{2}''$ Yellow squares. Cut eight $2\frac{1}{2}''$ Green squares Cut four $2\frac{1}{2}''$ White squares.



3. Lay out all the squares to form the design. Why not see what other arrangement of the squares you can devise?



2. Sew two Green and two Yellow $2\frac{1}{2}$ " squares together to form a larger square. Sew in pairs first then join the two pairs together. Use $\frac{1}{4}$ " S/A. Press seams open and flat.







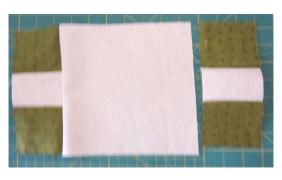
4. Sew all nine squares together as shown. Press seams open and flat.







1. Cut one $7\frac{1}{2}$ " White square for the centre.



Cut eight 3" Green squares. Cut four 3" Yellow squares. Cut four 3" x 2½" White rectangles.

2. Join one White square and two Green squares to make a strip. Press seams open. Repeat with three more squares. Use 1⁄4″ S/A.

3. Attach these strips to either side of the centre $6\frac{1}{2}$ " square.



4. Join one White, two Green and two Yellow squares to make a strip. Make another identical strip with the remaining squares.

5. Attach one strip to either end of the central panel. Press seams open and flat.

6.. Appliqué a heart or any other design of your choice to the centre.







